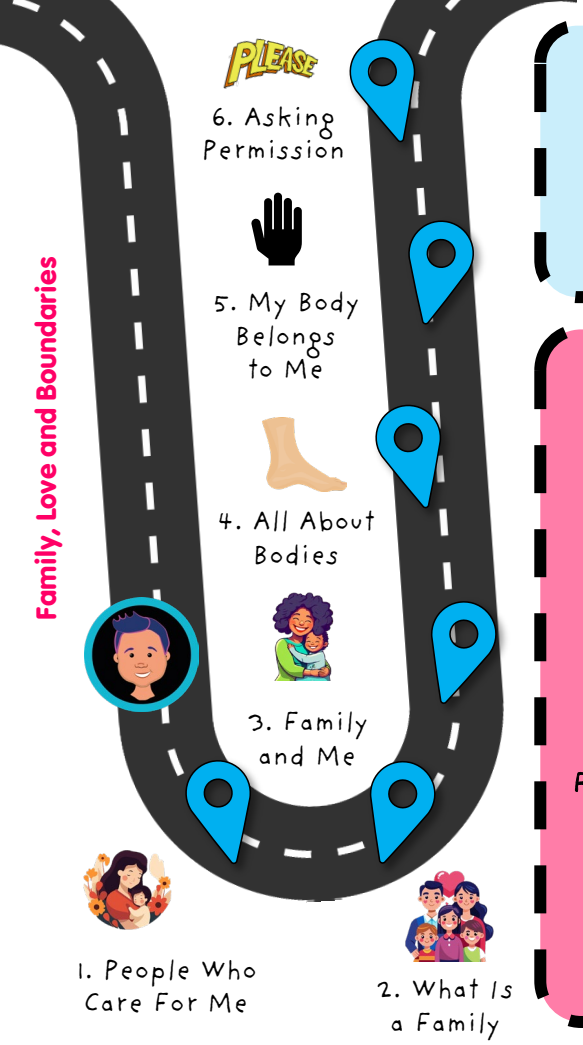
Family, Love and Boundaries



Progression and Golden Thead

In this Year 1 Relationships unit, we will learn about our bodies, how to recognise and respond to wanted and unwanted touch, and build on our EYFS learning about asking for permission. We will also talk about our families and the people in our lives who love and care for us. This learning builds on our introductory family diversity lesson from Reception, as well as our lessons on naming body parts and understanding personal space. We will revisit these ideas in Year 2, when we learn about our bodies and keeping them safe in more detail.

What Is a Family?

No two families look the same...



Families show love and care in different ways...



Families like to celebrate and spend time together.



Key Terms



Family — A group of people who love and care for each other,



Caring — Being kind, helpful, and looking after people, for example, the people in your family.



Celebrations — A special time when people are happy and do fun things together, like Christmas, a birthday, or Diwali.



Permission — Asking if you can do something and waiting for a yes.



May I... please? — A polite way to ask for something.



Body Parts — The different parts of your body, like your head, arms, legs, and stomach.



Private — Something that belongs to you and is not for other people to see or share.



Private Parts — The parts of your body that are covered by your underwear or swimming costume.

Private Body Parts

Testicles | Penis | Vulva

Some of our body parts are private. Private means just for us. Your private parts are covered by your underwear.

The Swimwear Rule



Other people shouldn't touch the parts of your body that are covered by your underwear or swimming costume.



If you need help or feel worried about your private parts, you can talk to a trusted adult, like a parent, teacher, or doctor.

YEAR 1 – SUMMER 1 RELATIONSHIPS KNOWLEDGE ORGANISER